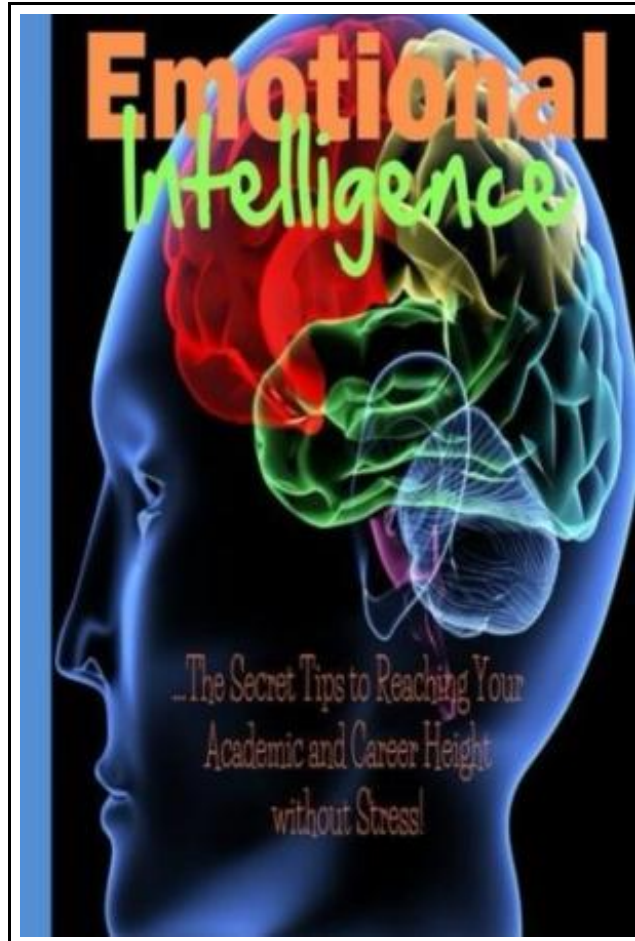


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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. Large Print. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.As we grow up and learn, we come up with big words. Words are able to describe a phenomenon or pass certain information. In this book we want to look at- what is Emotional Intelligence? Like any other phrase, it is made of words, for these case two words. Each word has a definite meaning. First and foremost let s see the meaning of the individual words. Emotion is a feeling that everyone experiences. It involves cognitions and physiological responses. Emotions convey vital information about how people relate to each other. Happiness is an emotion we all know,that signifies all is well and one is enjoying the times and moment. However, the truth is that, at some time, one might not be that free with others and as a result develops fear! For the other word which is intelligence, it is mostly used in the academic field. The students who score high marks are thought to be intelligent. Yes, this can be defined as the capacity to have valid reasoning about any information. The people, who have high intelligence have the power to gather information, disseminate it and come up with useful conclusions. Intelligence helps us to solve life problems, not only in class but in all aspects that need reasoning. Having known the definitions of the two words, let s now take a look at the actual meaning of emotional intelligence. There are many definitions found all over in the internet and books. Some are misleading while others are representing some truth. There are many definitions which are available. Nevertheless, the first definition we shall consider right now is that emotional intelligence...



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